

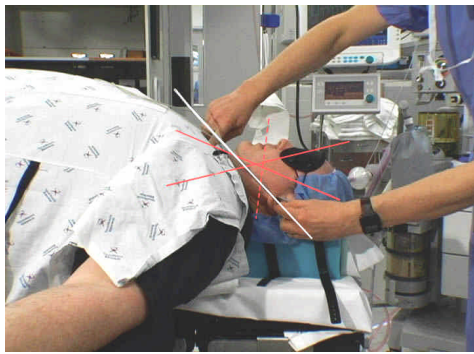


**The Troop Elevation Pillow / Set-up Instructions**  
(Designed for use with a standard intubation pillow)  
(Place a 'cross sheet' under the Elevation Pillow (EP); if needed this will  
Facilitate moving the patient as a 'unit' with the EP)



(Put the O.R. table in a slight back down position...facilitates patient transfer; post  
transfer raise the back up to achieve the H.E.L.P. position)  
(Place a 'regular' pillow under the patient's knees)

**Use the Barrier Cover for Foam or Vinyl Covered Elevation Pillow**



***Morbidly Obese Patient: from fully supine to the Head Elevated  
Laryngoscopy Position... (H.E.L.P.)***

(Teaching web site...[www.troopelevationpillow.com](http://www.troopelevationpillow.com))

(For more information; please contact [Mercury Medical](http://Mercury Medical) @ 1-800-237-6418 [www.mercurymed.com](http://www.mercurymed.com) )

# Tips on Using *The Elevation Pillow*

- 1) Place the Elevation Pillow (EP) at the head of the O.R. table and cover the EP with its **form fitted impermeable barrier cover (sold separately)** (this cover provides added patient comfort and helps to keep the EP clean). **Place the vinyl covered standard intubating pillow on the plateau / flat part of the vinyl covered Elevation Pillow.** Place a sheet 'cross wise' *underneath* the Elevation Pillow. If post intubation the patient needs to be moved down the O.R. table (into lithotomy position for example), by lifting with the sheet, the Elevation Pillow & patient can be moved as a unit and the patient remains in the same head elevated laryngoscopy position (H.E.L.P.).
- 2) Put the O.R. table in ~5-10 degrees 'back down' position  
(The patient can then transfer from stretcher to O.R. table on a "level plain".)
- 3) The patient's shoulders should be resting on the upper curve of the **Elevation Pillow.** The patient's head should rest on the standard intubating pillow at the upper edge of the Elevation Pillow.
- 4) After the patient is on the O.R. table and resting on the **Elevation Pillow & standard intubating pillow,** adjust the O.R. table ~5-10 degrees 'back-up' as needed.
- 5) 'Build-up' the arm boards with foam and / or folded blankets or place the **Elevated (vinyl covered) Arm Board pads (sold separately)...item # 10-910-07**
- 6) **Place a 'regular' hospital pillow under the patient's knees.**

**CAUTION: DURING SURGERY, CLOSELY MONITOR FOR 'SLIPPING' OF ELEVATION PILLOW & PATIENT IF THE O.R. TABLE IS PLACED IN STEEP TRENDELENBERG**

Note: a sample **Troop Elevation Pillow cover** (impermeable barrier) is included...**for infection control reasons;** use one 'new' disposable cover for each patient...the covers are available for purchase (30 per box) item # 10-910-03


**Distributed by: Mercury Medical, Clearwater Florida [www.mercurymed.com](http://www.mercurymed.com) 1-800-237-6418**

'Teaching web site'...**[www.troopelevationpillow.com](http://www.troopelevationpillow.com)**

  
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 (Refer to instructions for use)